

#### STATE OF MARYLAND

# DHMH

## Maryland Department of Health and Mental Hygiene

300 W. Preston Street, Suite 202, Baltimore, Maryland 21201

Martin O'Malley, Governor - Anthony G. Brown, Lt. Governor - Joshua M. Sharfstein, M.D., Secretary

### Office of Preparedness & Response

Sherry Adams, Director Isaac P. Ajit, Deputy Director

## **December 14, 2012**

## Public Health & Emergency Preparedness Bulletin: # 2012:49 Reporting for the week ending 12/8/12 (MMWR Week #49)

## **CURRENT HOMELAND SECURITY THREAT LEVELS**

National: No Active Alerts

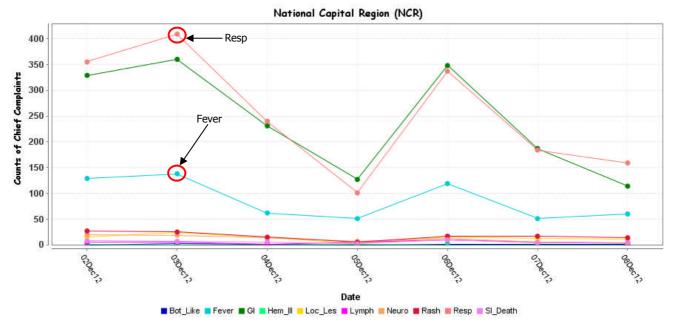
Maryland: Level One (MEMA status)

## SYNDROMIC SURVEILLANCE REPORTS

### ESSENCE (Electronic Surveillance System for the Early Notification of Community-based Epidemics):

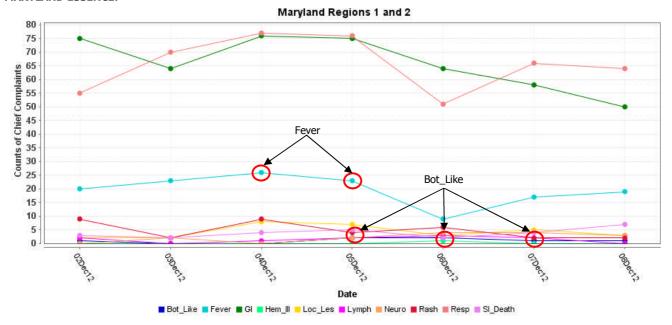
Graphical representation is provided for all syndromes, excluding the "Other" category, all age groups, and red alerts are circled. Red alerts are generated when observed count for a syndrome exceeds the 99% confidence interval. Note: ESSENCE – ANCR uses syndrome categories consistent with CDC definitions.

Overall, no suspicious patterns of illness were identified. Track backs to the health care facilities yielded no suspicious patterns of illness.

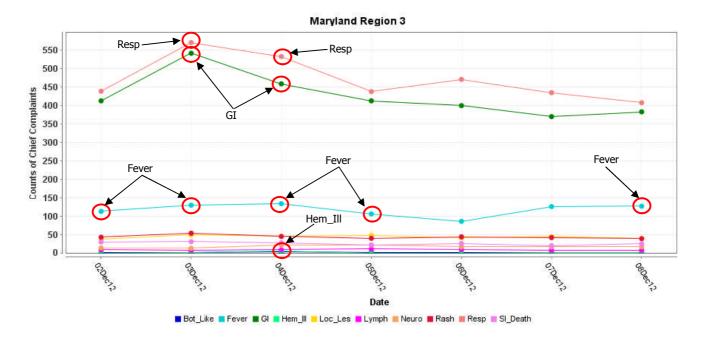


<sup>\*</sup>Includes EDs in all jurisdictions in the NCR (MD, VA, and DC) reporting to ESSENCE

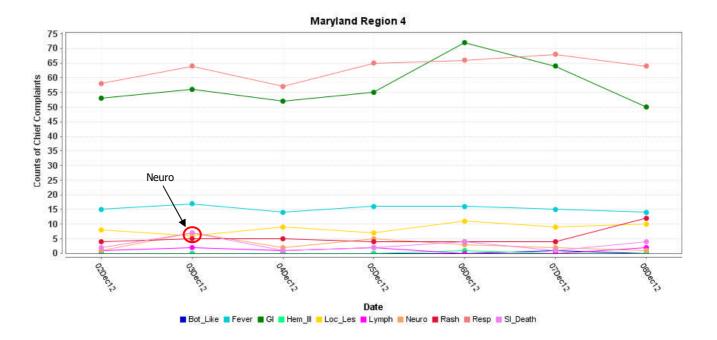
#### **MARYLAND ESSENCE:**



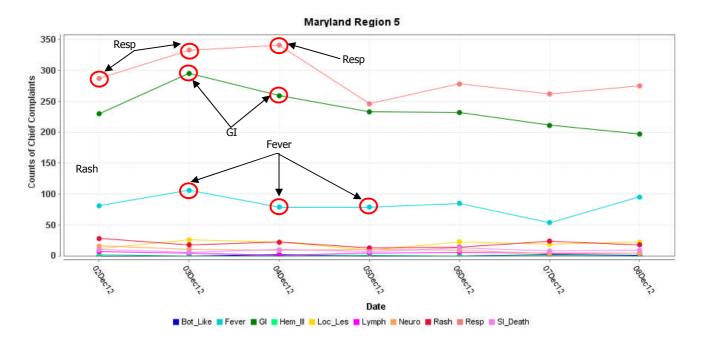
<sup>\*</sup> Region 1 and 2 includes EDs in Allegany, Frederick, Garrett, and Washington counties reporting to ESSENCE



<sup>\*</sup> Region 3 includes EDs in Anne Arundel, Baltimore City, Baltimore, Carroll, Harford, and Howard counties reporting to ESSENCE



<sup>\*</sup> Region 4 includes EDs in Cecil, Dorchester, Kent, Somerset, Talbot, Wicomico, and Worcester counties reporting to ESSENCE

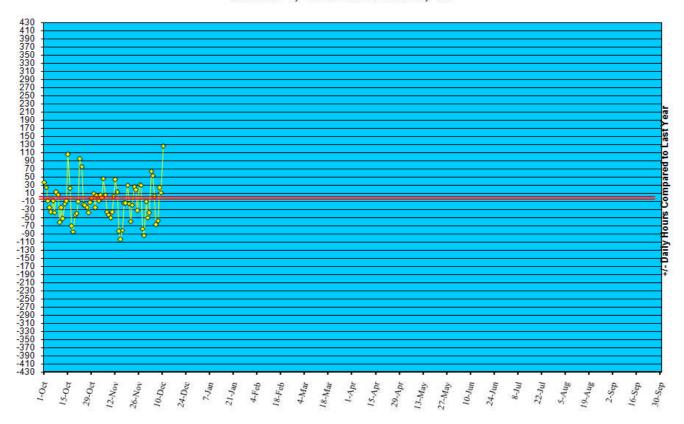


<sup>\*</sup> Region 5 includes EDs in Calvert, Charles, Montgomery, Prince George's, and St. Mary's counties reporting to ESSENCE

## **REVIEW OF EMERGENCY DEPARTMENT UTILIZATION**

**YELLOW ALERT TIMES (ED DIVERSION):** The reporting period begins 10/01/11.

# Statewide Yellow Alert Comparison Daily Historical Deviations October 1, '12 to December 8, '12



## **REVIEW OF MORTALITY REPORTS**

Office of the Chief Medical Examiner: OCME reports no suspicious deaths related to an emerging public health threat for the week.

## MARYLAND TOXIDROMIC SURVEILLANCE

**Poison Control Surveillance Monthly Update:** Investigations of the outliers and alerts observed by the Maryland Poison Center and National Capital Poison Center in October 2012 did not identify any cases of possible public health threats.

## REVIEW OF MARYLAND DISEASE SURVEILLANCE FINDINGS

## COMMUNICABLE DISEASE SURVEILLANCE CASE REPORTS (confirmed, probable and suspect):

Meningitis:	<u>Aseptic</u>	<u>Meningococcal</u>
New cases (December 2 – December 8, 2012):	22	0
Prior week (November 18 – December 1, 2012):	13	0
Week#49, 2011 (December 4 – December 10, 2011):	17	0

#### 6 outbreaks were reported to DHMH during MMWR Week 49 (December 2-8, 2012)

#### 4 Gastroenteritis outbreaks

- 2 outbreaks of GASTROENTERITIS in Nursing Homes
- 1 outbreak of GASTROENTERITIS in an Assisted Living Facility
- 1 outbreak of GASTROENTERITIS in a Residential Facility

#### 1 Respiratory illness outbreak

1 outbreak of INFLUENZA in a Nursing Home

#### 1 Rash illness outbreak

1 outbreak of SCABIES in a Nursing Home

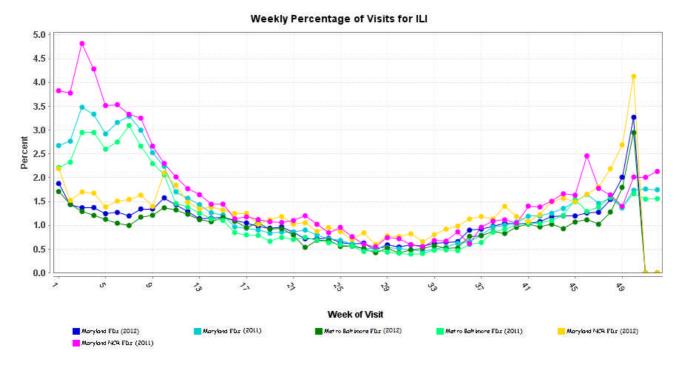
### **MARYLAND SEASONAL FLU STATUS**

Seasonal Influenza reporting occurs October through May. Seasonal influenza activity for Week 49 was: Local Activity with Minimal Intensity.

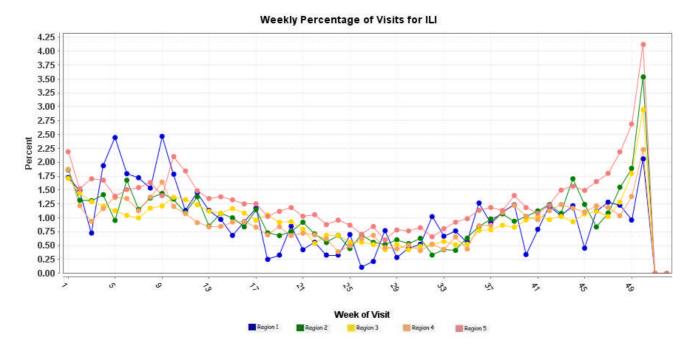
#### SYNDROMIC SURVEILLANCE FOR INFLUENZA-LIKE ILLNESS

Graphs show the percentage of total weekly Emergency Department patient chief complaints that have one or more ICD9 codes representing provider diagnoses of influenza-like illness. These graphs do not represent confirmed influenza.

Graphs show proportion of total weekly cases seen in a particular syndrome/subsyndrome over the total number of cases seen. Weeks run Sunday through Saturday and the last week shown may be artificially high or low depending on how much data is available for the week.



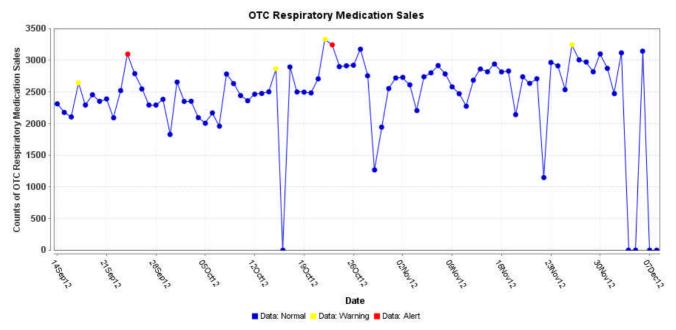
<sup>\*</sup> Includes 2011 and 2012 Maryland ED visits for ILI in Metro Baltimore (Region 3), Maryland NCR (Region 5), and Maryland Total



\*Includes 2012 Maryland ED visits for ILI in Region 1, 2, 3, 4, and 5

## **OVER-THE-COUNTER (OTC) SALES FOR RESPIRATORY MEDICATIONS:**

Graph shows the daily number of over-the-counter respiratory medication sales in Maryland at a large pharmacy chain.



#### PANDEMIC INFLUENZA UPDATE / AVIAN INFLUENZA-RELATED REPORTS

**WHO update:** The current WHO phase of pandemic alert for avian influenza is 3. Currently, the avian influenza H5N1 virus continues to circulate in poultry in some countries, especially in Asia and northeast Africa. This virus continues to cause sporadic human infections with some instances of limited human-to-human transmission among very close contacts. There has been no sustained human-to-human or community-level transmission identified thus far.

In **Phase 3**, an animal or human-animal influenza reassortant virus has caused sporadic cases or small clusters of disease in people, but has not resulted in human-to-human transmission sufficient to sustain community-level outbreaks. Limited human-to-human transmission may occur under some circumstances, for example, when there is close contact between an infected person and an unprotected caregiver. However, limited transmission under such restricted circumstances does not indicate that the virus has gained the level of transmissibility among humans necessary to cause a pandemic. As of August 10, 2012, the WHO-confirmed global total of human cases of H5N1 avian influenza virus infection stands at 608, of which 359 have been fatal. Thus, the case fatality rate for human H5N1 is approximately 59%.

#### **NATIONAL DISEASE REPORTS\***

There were no national disease reports for MMWR Week 49.

#### **INTERNATIONAL DISEASE REPORTS\***

**ANTHRAX (ARMENIA):** 4 December 2012, A total of 55 cases with anthrax symptoms have been registered in Armenia. 10 of them have already been confirmed. In October [2012], 21 people with anthrax symptoms were hospitalized in the Gegarkunik Region of Armenia. A local resident of Ushi in the Aragots Region was hospitalized with anthrax in early November. Animals with anthrax were registered in the Tavush and Armavir Regions. (Anthrax is listed in Category A on the CDC List of Critical Biological Agents) \*Non-suspect case

YELLOW FEVER (SUDAN): 7 December 2012, Sudan's Federal Ministry of Health is organizing an emergency mass vaccination campaign against mosquito-borne yellow fever in the Darfur region. The latest figures from the World Health Organization put the number of suspected cases of yellow fever at 732, including 165 deaths. This is the worst yellow fever epidemic to strike Africa in 2 decades. The last outbreak 20 years ago, also was in Sudan. At that time, 604 cases, with 156 deaths were reported in South Kordofan state, the epicenter of the disease. Given the number of cases and deaths reported in Darfur, the World Health Organization (WHO) notes the current epidemic already has surpassed the last one. The WHO reports the emergency-response vaccination campaign will cover 5.5 million people. It is being conducted in 3 phases. The 1st phase of the campaign began 21 Nov [2012] to cover 2.2 million people in 12 districts with the highest number of cases. The 2nd phase of the campaign aims to reach 1.2 million people and is to start next week. Vaccines are due to arrive in Sudan on Sunday [9 Dec 2012 ] and will cover urban areas. The WHO Representative in Sudan, Dr. Anshu Banerjee, said people in urban areas are more vulnerable to getting yellow fever than are people in rural areas. He explained this is because the disease is quickly transmitted from mosquitoes to humans in the cities, whereas in the rural areas, monkeys are the reservoir of the virus and the spread is slower. Baneriee said an additional 2.2 million people will be vaccinated in a 3rd round in all other districts where positive cases are found. "The challenges mainly are to reach the remote areas, partly because of transportation -- no roads, etcetera, and also because of insecurity, because of high risk of hijacking of cars, etcetera," said Banerjee. "So, transport modalities, which are being used now are like using donkeys to transport vaccines, which takes about 8 - 10 hours for people to transport vaccines to remote areas." Banerjee said most of the cases of yellow fever are among nomads, which is why the epidemic is spreading so widely throughout Darfur. He said Darfur, which was inundated with heavy rains, became a massive breeding ground for mosquitoes during the past year. He said the mosquitoes became infected from the monkeys in the forest and, in turn, have been affecting the human population. "There are also areas where we have mines and where there are migrant laborers coming from Chad, etcetera. So, one of the important issues also to cover this outbreak in Darfur is to make sure that it doesn't spread to other countries, like South Sudan and Chad, and also to make sure that it stays well within Darfur, within Sudan, because the vector is available throughout Sudan." Yellow fever is a hemorrhagic disease. There is no cure. Bleeding can be managed by blood transfusions. Otherwise, the disease can be contained through the use of bed nets, insect repellent and the wearing of long clothes. The most effective preventive measure is vaccination. (Viral Hemorrhagic Fevers are listed in Category A on the CDC List of Critical Biological Agents) \*Non-suspect case

**LEGIONELLOSIS (CANADA):** 7 December 2012, Alberta Health Services [AHS] says it is investigating an outbreak of Legionnaires' disease in the Calgary area. Six cases have been reported so far, AHS said. The agency is holding a news conference later today [7 Dec 2012] but says its investigation is focusing on finding potential sources of exposure to the bacteria, *Legionella*, which cause Legionnaires' disease. The disease leads to a severe, sometimes fatal form of pneumonia. It is contracted through inhalation of contaminated water droplets and is not known to be transmitted from person to person. (Food Safety Threats are listed in Category B on the CDC List of Critical Biological Agents) \*Non-suspect case

\*National and International Disease Reports are retrieved from http://www.promedmail.org/.

## OTHER RESOURCES AND ARTICLES OF INTEREST

More information concerning Public Health and Emergency Preparedness can be found at the Office of Preparedness and Response website: <a href="http://preparedness.dhmh.maryland.gov/">http://preparedness.dhmh.maryland.gov/</a>

Maryland's Resident Influenza Tracking System: <a href="http://dhmh.maryland.gov/flusurvey">http://dhmh.maryland.gov/flusurvey</a>

**NOTE**: This weekly review is a compilation of data from various surveillance systems, interpreted with a focus on a potential BT event. It is not meant to be inclusive of all epidemiology data available, nor is it meant to imply that every activity reported is a definitive BT event. International reports of outbreaks due to organisms on the CDC Critical Biological Agent list will also be reported. While not "secure", please handle this information in a

professional manner. Please feel free to distribute within your organization, as you feel appropriate, to other professional staff involved in emergency preparedness and infection control.

For questions about the content of this review or if you have received this and do not wish to receive these weekly notices, please e-mail me. If you have information that is pertinent to this notification process, please send it to me to be included in the routine report.

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## Syndrome Definitions for Diseases Associated with Critical Bioterrorism-associated Agents

Table: Text-based Syndrome Case Definitions and Associated Category A Conditions

Syndrome	Definition	Category A Condition
Botulism-like	ACUTE condition that may represent exposure to botulinum toxin  ACUTE paralytic conditions consistent with botulism: cranial nerve VI (lateral rectus) palsy, ptosis, dilated pupils, decreased gag reflex, media rectus palsy.  ACUTE descending motor paralysis (including muscles of respiration)  ACUTE symptoms consistent with botulism: diplopia, dry mouth, dysphagia, difficulty focusing to a near point.	Botulism
Hemorrhagic Illness	SPECIFIC diagnosis of any virus that causes viral hemorrhagic fever (VHF): yellow fever, dengue, Rift Valley fever, Crimean-Congo HF, Kyasanur Forest disease, Omsk HF, Hantaan, Junin, Machupo, Lassa, Marburg, Ebola ACUTE condition with multiple organ involvement that may be consistent with exposure to any virus that causes VHF	VHF
	ACUTE blood abnormalities consistent with VHF: leukopenia, neutropenia, thrombocytopenia, decreased clotting factors, albuminuria	
Lymphadenitis	ACUTE regional lymph node swelling and/ or infection (painful bubo- particularly in groin, axilla or neck)	Plague (Bubonic)
Localized	SPECIFIC diagnosis of localized cutaneous lesion/	Anthrax
Cutaneous	ulcer consistent with cutaneous anthrax or tularemia	(cutaneous)
Lesion	ACUTE localized edema and/ or cutaneous lesion/ vesicle, ulcer, eschar that may be consistent with cutaneous anthrax or tularemia INCLUDES insect bites	Tularemia
	EXCLUDES any lesion disseminated over the body or generalized rash	
	EXCLUDES diabetic ulcer and ulcer associated with peripheral vascular disease	
Gastrointestinal	ACUTE infection of the upper and/ or lower	Anthrax
Gastronitestinal	gastrointestinal (GI) tract SPECIFIC diagnosis of acute GI distress such as Salmonella gastroenteritis ACUTE non-specific symptoms of GI distress such as nausea, vomiting, or diarrhea	(gastrointesti nal)
	EXCLUDES any chronic conditions such as inflammatory bowel syndrome	

Syndrome Definitions for Diseases Associated with Critical Bioterrorism-associated Agents (continued from previous page)

Syndrome	Definition	Category A Condition
Respiratory	ACUTE infection of the upper and/ or lower respiratory tract (from the oropharynx to the lungs, includes otitis media)  SPECIFIC diagnosis of acute respiratory tract infection (RTI) such as pneumonia due to parainfluenza virus  ACUTE non-specific diagnosis of RTI such as sinusitis, pharyngitis, laryngitis  ACUTE non-specific symptoms of RTI such as cough, stridor, shortness of breath, throat pain  EXCLUDES chronic conditions such as chronic bronchitis, asthma without acute exacerbation, chronic sinusitis, allergic conditions (Note: INCLUDE acute exacerbation of chronic illnesses.)	Anthrax (inhalational) Tularemia Plague (pneumonic)
Neurological	ACUTE neurological infection of the central nervous system (CNS)  SPECIFIC diagnosis of acute CNS infection such as pneumoccocal meningitis, viral encephailitis  ACUTE non-specific diagnosis of CNS infection such as meningitis not otherwise specified (NOS), encephailitis NOS, encephalopathy NOS  ACUTE non-specific symptoms of CNS infection such as meningismus, delerium  EXCLUDES any chronic, hereditary or degenerative conditions of the CNS such as obstructive hydrocephalus, Parkinson's, Alzheimer's	Not applicable
Rash	ACUTE condition that may present as consistent with smallpox (macules, papules, vesicles predominantly of face/arms/legs)  SPECIFIC diagnosis of acute rash such as chicken pox in person > XX years of age (base age cut-off on data interpretation) or smallpox  ACUTE non-specific diagnosis of rash compatible with infectious disease, such as viral exanthem EXCLUDES allergic or inflammatory skin conditions such as contact or seborrheaic dermatitis, rosacea EXCLUDES rash NOS, rash due to poison ivy, sunburn, and eczema	Smallpox
Specific Infection	ACUTE infection of known cause not covered in other syndrome groups, usually has more generalized symptoms (i.e., not just respiratory or gastrointestinal) INCLUDES septicemia from known bacteria INCLUDES other febrile illnesses such as scarlet fever	Not applicable

# Syndrome Definitions for Diseases Associated with Critical Bioterrorism-associated Agents (continued from previous page)

Syndrome	Definition	Category A Condition
Fever	ACUTE potentially febrile illness of origin not specified INCLUDES fever and septicemia not otherwise specified INCLUDES unspecified viral illness even though	Not applicable
	unknown if fever is present  EXCLUDE entry in this syndrome category if more specific diagnostic code is present allowing same	
	patient visit to be categorized as respiratory, neurological or gastrointestinal illness syndrome	
Severe Illness or Death potentially due to infectious	ACUTE onset of shock or coma from potentially infectious causes EXCLUDES shock from trauma	Not applicable
disease	INCLUDES SUDDEN death, death in emergency room, intrauterine deaths, fetal death, spontaneous abortion, and still births	
	EXCLUDES induced fetal abortions, deaths of unknown cause, and unattended deaths	